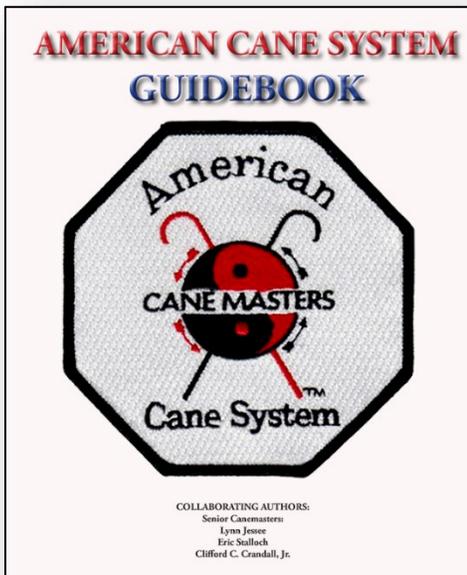




## OUR PUBLICATIONS

### American Cane System Guidebook



Until 2020, the American Martial Arts Institute was the East Coast Main Office for the Cane Masters International Association, teaching the American Cane System, founded by Grandmaster Mark Shuey, Sr. During this time period, the American Martial Arts Institute offered the American Cane System, and produced instructional resources to assist instructors and students training in that style. For example, in 2010, the American Martial Arts Institute served as the production agency for 8 instructional DVDs documenting the core knowledge and skills required to test for every rank up to and including 1st degree black belt in the American Cane System.

One of the resources produced in 2017 was the American Cane System Brown Belt to Black Belt Workbook. With the launch of Grandmaster Shuey's Virtual Dojo, an online streaming platform offering live classes and asynchronous training, this workbook was revised and replaced later that same year with **American Cane System Guidebook**, which was a more general guide for students of all levels in the system.

**The following details information regarding the American Cane System Guidebook as published in 2017:**

With four individuals earning their black belt at the East Coast main location in 2017 alone, the necessity for written materials to help in this impressive move from brown belt to black belt became apparent. With Grandmaster Shuey's support, Cane Master Instructor Stalloch, Senior Canemaster Crandall, and Senior Canemaster Jesse authored the brown belt to black belt workbook to assist future black belt candidates.

This workbook contained information about the American Cane System as a traditional school of martial arts including sections about the style's founder: Grandmaster Shuey, the rank requirements for all 10 black belt levels, certified testing centers, instructor status, philosophy, etiquette, uniforms, belts, and patches, the International Headquarters, empty hand techniques, exercise system, and more. The workbook was intended to compliment the eight instructional DVDs of the American Cane System Ranking Series, which documents this style for the colored belt through first degree black belt levels.

### EXCERPT FROM THE PREFACE:

*"It is hoped that black belt has become more than a goal. As you have seen Grandmaster Shuey say to you on the eighth DVD, "this is a traditional system, and you've come this far, don't stop. Enjoy teaching others; it is so important. You want to teach them the same way you've been taught, and tell them to teach it the same way they've been taught." This workbook includes information about becoming an instructor and the higher levels of black belt as you consider your own training and the style's future."*

This book was revised into a Guidebook by the authors for Grandmaster Shuey to utilize as a compliment alongside the eight instructional DVDs. Below is the full cover with the description. Those interested in training in the American Cane System should seek out Grandmaster Shuey through his Virtual Dojo.

Grandmaster Shuey Sr. has become known worldwide for his teachings and seminars regarding the cane. Known by many as the "Johnny Appleseed for the Cane," he has worked not only to teach individuals about the benefits of the cane but has also become one of the elite cane makers in the world for practical and show canes alike.

Now he has moved beyond the common notions of everyday instruction to the Virtual Dojo. His Virtual Dojo is a place where you can now train and experience the excitement and benefits of cane training. Within three weeks his affiliated Facebook site had over 4,300 members and continues to grow each day.

This is a Guide Book that will help you understand the American Cane System. It will assist you to become proficient and skilled in the use of the cane. As this happens, you may wish to use your skills and knowledge to help others become involved with the use of the cane.

AMERICAN CANE SYSTEM GUIDEBOOK

Grandmaster Mark R. Shuey, Sr.

JESSE, STALLOCH, & RANDALL

COLLABORATING AUTHORS:  
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Lynn Jesse  
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CANEMASTERS.COM

For more information visit [AMAI-EagleStyle.com](http://AMAI-EagleStyle.com).

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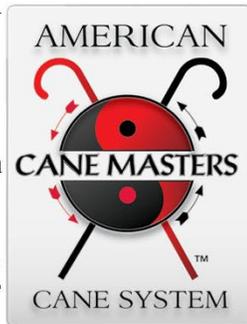
May be available in additional formats.

**NOTE:** The American Cane System Brown to Black Belt Workbook is **OUT OF PRINT**.

The growth of the American Cane System is visible through the testings and new ranks that occur each year. With four individuals earning their black belt at the East Coast main location in 2017 alone, the necessity for written materials to help in this impressive move from brown belt to black belt became apparent. With Grandmaster Shuey's support, Cane Master Instructor Stalloch, Senior Canemaster Crandall, and Senior Canemaster Jessee have written this brown belt to black belt workbook to assist future black belt candidates.



This workbook contains information about the American Cane System as a traditional school of martial arts including sections about the style's founder, Grandmaster Shuey, the rank requirements for the black belt levels, certified testing centers, instructor status and more. This workbook is intended to compliment the eight instructional DVDs of the American Cane System Ranking Series, which documents this style for the colored belt through first degree black belt levels. This workbook also includes sections about the style's philosophy, etiquette, empty-hand techniques, blocks, strikes and sets, self-defense, forms (kata), drills, kicks, the exercise system, and more. The workbook includes areas for the student to write their own notes. Written by collaborating authors, Senior Canemasters Lynn Jessee, Eric Stalloch, and Clifford C. Crandall, Jr.



AMERICAN CANE SYSTEM BROWN BELT TO BLACK BELT WORKBOOK

JESSEE, STALLOCH, & CRANDALL

## AMERICAN CANE SYSTEM BROWN BELT *to* BLACK BELT WORKBOOK



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