



OUR NEWS

ADULT STUDENT WORKSHOP

For one day every year, Grandmaster Crandall teaches a workshop for adult students (ages 18 and older). All ranks, including white belts are permitted and encouraged to attend. Instructors from the four styles do not attend this workshop because Grandmaster Crandall teaches separate seminars and classes for instructors.

This is the one day each year that adult-aged students get to learn directly from the head and founder of the school. Grandmaster Crandall does all of the instruction, but he does invite three of his top students to observe or be his partner at times: Headmaster Eric Stalloch (9th Dan), Master Nathan Morris (8th Dan) and Master Nicholas Chuff (7th Dan). These three instructors are invited because they are Grandmaster Crandall's successors for styles taught under the American Martial Arts Institute umbrella (Headmaster Stalloch for American Eagle Style, Master Morris for Takenouchi-Hangan-Ryu-Matsuno-Crandall Iaido, and Master Chuff for Americanized Eagle Kendo).



On Saturday, September 19, Grandmaster Crandall taught nine students at the Jewish Community Center's gym in Utica, New York. The seminar began at 10 am and began with basic forms and advanced techniques taught to black belts in regular classes. Then Grandmaster Crandall introduced them to "new" advanced techniques including small fist or Koken-uchi (arc wrist technique), three methods of backfist, horizontal elbow strike, hammer fist (or tetsue), nakadaka (forefinger knuckle), he zui (crane beak), and he jing (crane neck blocks).



This was followed by three-point sparring drills. American Eagle Style's breakdown for national and international influences is 40% American, 35% Korean, 15% Japanese, and 10% Chinese. More information about this is available in our school's 420-page textbook. Therefore, the three-point sparring drills included sets utilizing Korean, Japanese, and Chinese format techniques. Students wore headgear, forearm guards, and shin guards for the repetitive practice.



Following a brief break for lunch, Grandmaster Crandall presented information about the school and style with an opportunity for students to ask questions. Then it was back to the action with 45-minutes of knee strikes, defense sidekicks from the floor, and roundhouse instep kicks to the inside of the attacker's legs and sweep kicks.



The final instructional segment of the day was about takedowns and sweeps known as Nage-waza. This included breaking balance concepts (kuzushi), execution (kake) and positioning the body referred to as tsukuri, and the follow through and control (including staying alert for counters upon completion; zanshin).





A group picture was taken with Grandmaster Crandall. The next adult workshop with Grandmaster Crandall is planned for September 2027.



ABOUT OUR ARCHIVES

The American Martial Arts Institute maintains a library at its main office with records of rank promotions, events, publications, media coverage, photographs, and videos. These are in the form of photo albums, copies of our publications, preserved news articles, and digital files such as videos and photographs from events in our history. In 1998, the American Martial Arts Institute launched its first website. Since then, the website has undergone many updates to keep up with changing technology. Many of our school's events and history are recorded on this website; however, not all testing results are maintained online (although testing records are maintained at our school). Events prior to 1998, are kept at our school library. This webpage documents some of our school's history.

For more information visit AMAI-EagleStyle.com.

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