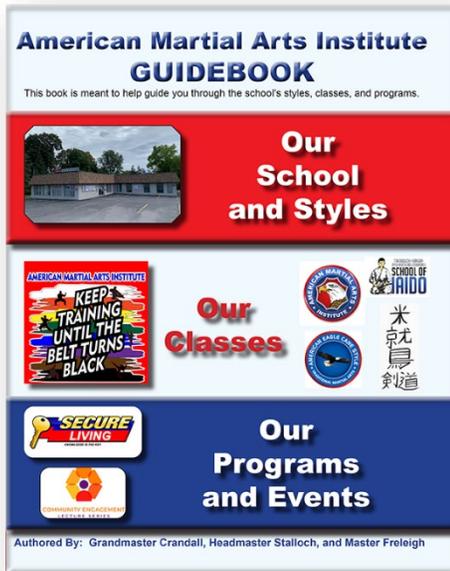




## OUR PUBLICATIONS

### American Martial Arts Institute Guidebook

By: Grandmaster Clifford C. Crandall, Jr., Headmaster Eric Stalloch, and Master Cheryl Freleigh



The American Martial Arts Institute is much more than a martial arts school. It is an umbrella school that houses four distinct styles of traditional martial arts. How can four distinct forms of traditional martial arts exist under one roof? The key is the foundation of each style is based on the same traditions and philosophies as the others. In fact, these traditions and philosophies permeate throughout the building as an unseen glue that strengthens and makes each style stronger by its existence. As a result, an interactive fellowship is formed, impacting the students within the empty hand style, cane style, sword style, and kendo style.

This book is a guide to the American Martial Arts Institute and those four distinct styles. It is a guide for it helps you understand the styles, classes and programs without going into too much detail. Each distinct style has its own complete textbook. If you are interested in training it is that textbook for that style that will make a difference in your understanding of that particular art.

Like most things in life there is one exception within this book. That would be that this book has taken the place of what was our Superkick Workbook. Our Superkick Workbook was a wealth of information for our Superkick kids and their families. As our Superkick Classes have grown and developed so has the information for those students. As a result, this book has been written to partially meet the need of that class. The information from the Superkick Workbook is the only detailed section in this otherwise general guidebook.

As a result, this book has become an information source for the American Eagle Style Textbook, the American Eagle Cane Textbook, the Takenouchi-Hangan-Ryu-Matsuno-Crandall Iaido/Batto Textbook and the Americanized Eagle Kendo Textbook.

# About the Authors

There are three individuals that have made this Guidebook possible. Grandmaster Crandall, Headmaster Stalloch and Master Freleigh. There is a great deal of information that could be written regarding each of these skilled martial arts pioneers of traditional martial arts. For those interested, you will find in Chapter 3 many books and DVDs that have information about these three martial artists, along with additional information available on the internet and other social media sources including the American Martial Arts Institute's website. It was discussed and decided that this book is a guide to the American Martial Arts Institute and does not need to use the pages or the time listing and discussing the numerous achievements of the authors. As a simple introduction, Grandmaster Clifford C. Crandall Jr. is the head and founder of the American Martial Arts Institute. Headmaster Eric Stalloch and Master Cheryl Freleigh are two of his top students and Masters in the empty-hand American Eagle Style, who both impact the style in numerous ways.

Our wishes are for you, the reader, to gain a feel for the American Martial Arts Institute and more specifically some details and facts primarily about the American Eagle Style. If you are looking to train with us, it may help you determine if we are what you want, and whether you are a good fit for us. Also, if you are reading this as a member of your family is training or going to train with us, you may learn what to expect and have a feeling of confidence that you have made a good choice regarding the martial arts path they are on.

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Authors left to right: Eric Stalloch, Clifford C. Crandall, Jr., Cheryl Freleigh



## American Martial Arts Institute GUIDEBOOK

This book is meant to help guide you through the school's styles, classes, and programs.



### Our School and Styles



### Our Classes



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### Our Programs and Events

Authored By: Grandmaster Crandall, Headmaster Stalloch, and Master Freleigh



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