



## OUR NEWS

### Instructors' Class

Instructor Workout. Instructors, who wear black tops, do not train in classes with students, who wear white tops. Being a black belt is not the end of a journey, only a step along a lifelong process of training and learning. With this in mind, instructors continue their training in classes taught by Grandmaster Crandall.

On Friday, February 13, Grandmaster Crandall led an instructors' class including punches, kicks, basic forms, and advanced techniques. This was followed by instruction on how to judge sparring in preparation for our 2027 school tournament, and essential points of clarity for palgwe 1 and 2.

At the end of the workout, Grandmaster Crandall Presented Ryan Payne with his full instructor's status and certification.





## ABOUT OUR ARCHIVES

The American Martial Arts Institute maintains a library at its main office with records of rank promotions, events, publications, media coverage, photographs, and videos. These are in the form of photo albums, copies of our publications, preserved news articles, and digital files such as videos and photographs from events in our history. In 1998, the American Martial Arts Institute launched its first website. Since then, the website has undergone many updates to keep up with changing technology. Many of our school's events and history are recorded on this website; however, not all testing results are maintained online (although testing records are maintained at our school). Events prior to 1998, are kept at our school library. This webpage documents some of our school's history.

For more information visit [AMAI-EagleStyle.com](http://AMAI-EagleStyle.com).

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