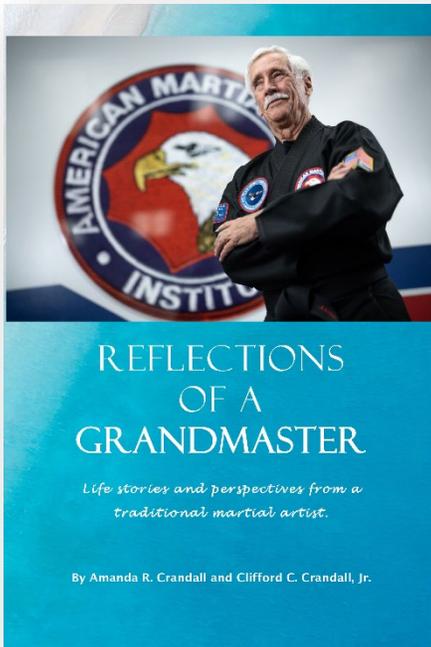




OUR PUBLICATIONS

Reflections of a Grandmaster

By Amanda R. Crandall and Clifford C. Crandall, Jr.



Grandmaster Crandall told me that at age 76 he doesn't feel old enough or wise enough to have a compilation of his life stories published. "I don't feel worthy. I think I need to be at least 80 or something."

This book isn't meant to capture all of Grandmaster Crandall's philosophies and insights. It is meant to share a little of his history, his personality, and his morals. In deciding what to include in this book I spoke with many of my fellow instructors, all students of Grandmaster Crandall, most of whom have known him for years longer than I. I had to pick from a compilation of stories he has shared with us, that have broadened our perceptions in some way, turned over a stone in our consciousness to unearth new understanding, and touched

our lives with "ah-ha!" moments. I think his words, humility, wonder for life, and perceptiveness into humankind, are exactly why this book needed to be written.

Ichi Go Ichi E – "One Lifetime, One Meeting". These are stories for today, for next year, for 20 years from now, but each time will be a new perspective of the composition of Grandmaster Crandall's spirit.

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This book gives valuable insight to the students of the American Martial Arts Institute about some of the founder's life experiences and perspectives that have shaped how and why he has made the decisions he has chosen regarding the school, style, and its students. For more information about Grandmaster Crandall visit our website at AMAI-EagleStyle.com and click on Founder, or speak with one of our instructors.

For more information visit AMAI-EagleStyle.com.

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May be available in additional formats.

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AMANDA & CLIFFORD CRANDALL



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*Life stories and perspectives from a
traditional martial artist.*

By Amanda R. Crandall and Clifford C. Crandall, Jr.



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