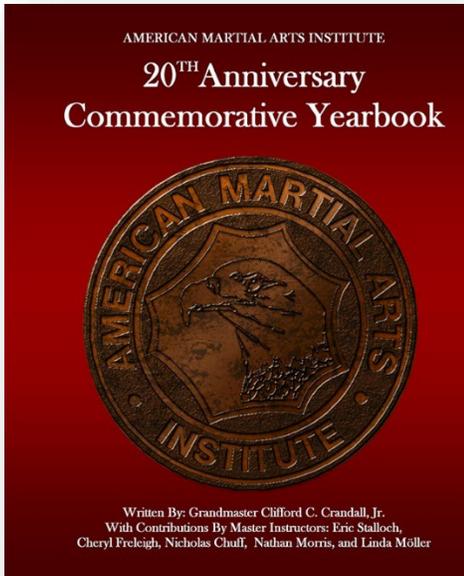




OUR PUBLICATIONS

American Martial Arts Institute 20th Anniversary Commemorative Yearbook



LIMITED RELEASE. This book was released in 2016 as a limited-edition run, celebrating the American Martial Arts Institute's 20th anniversary. The following was written by Grandmaster Crandall in the book's introduction:

We have come so far with the help of so many. I thank all of those who have made a difference and share my appreciation with all of our current students. The American Martial Arts Institute with its American Eagle Style has achieved a great deal locally and internationally. We are celebrating our 20-year anniversary based on the 1996 release of the school's 293-page textbook. It is important to point out that this textbook is in its third edition and is 410 pages in length. Our style has been developed through my over 50 years of martial arts training. I wrote the textbook and founded the style, but

this would not have been possible without the many instructors

and opportunities that were a part of my life and my development in the martial arts. I realize that there is no room to mention everyone or every opportunity in this 20-year celebration yearbook. This is not a history section but merely a thank you to some of those individuals that shared their time and teachings with me.

Individuals such as Fumio Demura, Seikichi Touguchi, Kum Chun Kim, Kim Pyung Soo, Park Chul Hee, Raymond P. Arndt, Zhang Li Li, Charles Wong, and Tsuneyoshi Matsuno, all had major impacts on my development and skill level through their teachings and their styles. Also the many individuals that I came to know as friends and fellow traditional martial artists, such as Mark Shuey, Bill Wallace, Steven Hayes, Manny Agrella, Frank Dux, Allen Goldberg, Hidy Ochiai, Nikolai Smirnov, Tadashi Yamashita, Choji Sato, and Dennis Brown, who confirmed for me with each opportunity to meet or train together, that my traditional ways were correct and would make a difference in the future. Our style has endured the test of time and fended off pressures created by the world to change, thereby staying true to our traditional roots.

All of these individuals and others have touched my life with their love and commitment to the martial arts. There is no doubt that each of us can impact others and change the future as these individuals impacted me, and in so doing bring us to a 20-year celebration of the most documented and recognized

traditional American Martial Arts Style in the world. I believe with the dedication and support of my five master instructors, Eric Stalloch, Cheryl Freleigh, Nicholas Chuff, Nathan Morris, and Linda Möller, we will see our way through another 20 years of growth without changing our traditional style. Let's teach the style as if it was 20 years ago, for we will need this style as it is 20 years in the future.



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GRANDMASTER CRANDALL

I am grateful for this opportunity to share some of the history of my instructor, Grandmaster Clifford C. Crandall, Jr.

Martial art styles are diverse with a vast history stretching back hundreds of years and spanning the globe. For those compelled to better understand the various Arts, it is necessary to look beyond the physical techniques and forms and study the time period, geography, culture, language, and masters who founded each particular Tradition. The founders of traditional martial art styles were first students who trained under other masters, in other styles, before being recognized as the originator of their own particular Art. Their lineage may be traced back in time through credible instructors and established traditions that perpetuate a consistent philosophy, methods, and techniques that have been strictly administered through a school.



As we celebrate the twentieth anniversary of the American Martial Arts Institute as a school, and the American Eagle Style as a documented system, it is important for our students to realize that our heritage was established by our founder, and its roots are firmly planted in the past through the masters under whom he trained. Therefore, our school has a history based on more than 50 years from when Grandmaster Crandall first began training and a deeper heritage into what we sometimes refer to as "the old ways" through the lineage of his teachers. Grandmaster Crandall began his training in Judo. Loyalty is crucial to the traditional martial arts practitioner; it is the bedrock of the student-instructor relationship and one that Grandmaster Crandall values as essential. His training has taken him around the world and afford him the opportunity to train under or with many truly knowledgeable and skilled martial artists; however, this was all made possible by following a single path, by staying consistent and true to a foundation. He did not jump from instructor to instructor, rather followed a single traditional Way that provided the opportunity to learn and experience more. Therefore, when he returned to New York State, he joined the Moo Do Kwan under Grandmaster Park Chul Hee, starting over as a white belt. Moo Do Kwan later came to be known as the Kang Duk Won Mudo Association and eventually became the American Kang Duk Won Association. It was during this time that Grandmaster Crandall trained under Grandmaster Park Chul Hee and Master Kum Chun Kim. Under Master Kim, Grandmaster Crandall earned the rank of fourth degree black belt. Sadly, Master Kim passed away in 1983, and Master Arndt became the Grandmaster of the

4 For more information about this and other topics, visit AMAI-EagleStyle.Com

American Eagle Style Instructional Textbook 1st, 2nd, and 3rd Editions

Historically, martial arts masters were opposed to placing their techniques and methods to writing. The belief was to learn the skills from an instructor and keep its secrets among themselves. Grandmaster Crandall believes that documentation of a style is necessary to accurately preserve the Style's traditions and future. The *American Eagle Style Instructional Textbook* was first published in 1996 at a length of 293 pages. With the printing of this 1st edition, the American Eagle Style became available to be read and acknowledged worldwide.

This edition covered aspects of both the empty hand American Eagle Style and some of the procedures of the school, the American Martial Arts Institute. It introduced the traditional methods upon which the school structure was founded to better understand the focus of the Style. Hundreds of copies of the first edition went out to students, instructors, and other martial artists around the world.



Now that the school had been introduced, the 2nd edition focused on the Style. Released in 2002 in hardcover and 324 pages in length, its purpose was to enhance the first publication by focusing more on detailed information about the Style and its techniques. This issue identifies the influence America had on the history of the martial arts and its contribution to the future of the martial arts in the world. With the continued growth of the school, the 3rd edition was released by Grandmaster Crandall in 2012 and grew to 424 pages in length. The focus of this edition was to further explore the philosophy of the American Eagle Style with additional supportive information on

its techniques. This included full documentation of 49 of the required black belt katas of the American Eagle Style. Additionally, a variety of other techniques, not documented in the previous editions although taught in class, were now included.

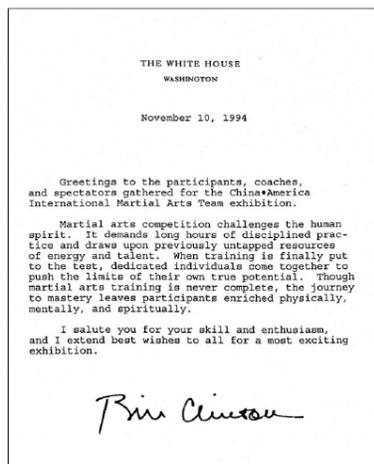
This edition expresses the philosophy of the martial arts and the American Martial Arts Institute. Students who commit themselves to their training can walk the path that leads them to emotional, physical, and mental growth. The 3rd edition also includes the importance of the concept of "sight." This concept teaches the student how to bring clarity to the world around them.

The American Eagle Style Instructional Textbook is one of the world's only fully documented American martial arts styles. As Grandmaster Crandall continues to explore and develop his skills, the school benefits by his eagerness to pass along more of his knowledge to his students and enhance the training that is already in place. The publishing of the American Eagle Style Instructional Textbook was possible with Grandmaster Crandall's vast martial arts experience and his vision into how this school could develop, grow, and have an impact in the world offering the traditional tenets of martial arts training to both men and women of all ages.

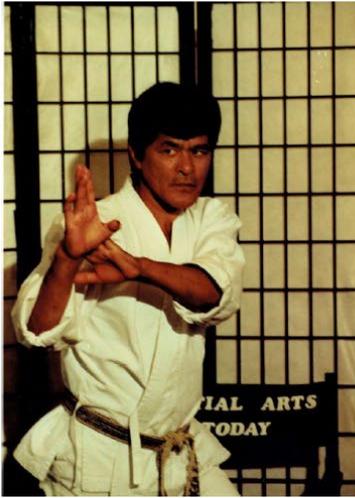
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We are Proud to be Americans Presidential Support in China

In 1994, I recognized the opportunity to complete a circle started by the Chinese during the Kissinger era of the United States. The People's Republic of China had sent a martial arts team to the United States to perform for the White House and many political dignitaries. At that time, the Americans saw this as a nice gesture of friendship through entertainment. But as we learned by our visit, to the Chinese, this was a sincere offer of their culture and disciplines. Here, years later, I was being supported in training a team of four women and four men to perform in Jiangxi province and at the Olympic performance dome in Beijing. We were the first Americans to do this and were escorted by Chinese military and local police throughout our tour. In a time of strained relations between the U.S. and Chinese governments, this was truly an exciting undertaking. The international tension was strong and our visas' approval was withheld by the Chinese government until the month we were supposed to leave. With the support of congressmen, senators and the White House, this undertaking with all its unknowns was achieved. Below is a copy of the letter that was read in Chinese and English from President Clinton before each performance. Also two of the most publicized pictures of the team are seen below.



14 For more information about this and other topics, visit AMAI-EagleStyle.Com

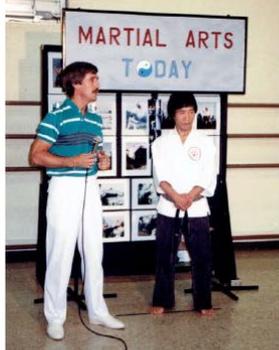


Martial Arts TODAY SHOW

with: Clifford C. Crandall, Jr.

AFTERNOON

Noon **22** **MARTIAL ARTS TODAY 2013**
Coverage of the China-America International Martial Arts Teams tour held in the People's Republic of China.



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The Safety and Awareness Today Show

The Safety and Awareness Today Show was a half-hour television program hosted by world recognized martial artist, Grandmaster Clifford C. Crandall Jr. Airing exclusively on WUTR, WPNY, and WFXV from 2006-2008, this ground breaking program featured safety and awareness information for people of all ages. With segments for children, teenagers, adult men and women, and senior citizens, this and instructional and informational show was the first of its kind. It also featured safety tips for topics including travel, scuba diving, sky diving, medical emergencies, sports, home security, and much more. The shows have been archived on the school's website and on YouTube. The safety theme was based on the fact that Grandmaster Crandall interwove women's self-defense, child abduction prevention, and home security tips in the program. Many of our school's certified instructors participated in this effort to make our community safe.



Some specific topics covered included rock climbing, bee keeping, skydiving, scuba diving, motorcycle safety, skeet shooting, sail boating, water skiing, hot air balloons, piloting planes, ice fishing, snowboarding, four wheeling, SWAT team training, fire fighting training, powered parachuting, motor cross, and much more.

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As Red Tops they may also be invited to special excursions that expand their socially and bring them together through shared experiences. For example, in the past we have taken Red Tops on introductory PADI scuba diving experiences, skiing, snowboarding, skeet and trap shooting, go kart racing, and more. In return, we received more knowledgeable and excited Red Top participants for our school as a whole.



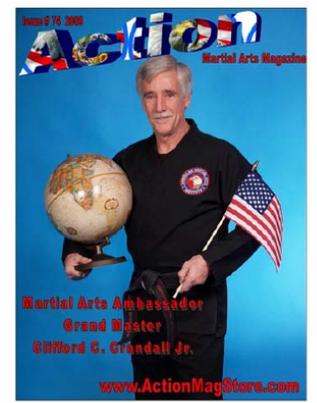
Red Tops who are graduating seniors that will attend a college or trade school are also eligible to apply for the Crandall-Stalloch Community Safety Scholarship. The essays and projects are judged by a panel of 6th and 7th degree black belts with Grandmaster Crandall leading the committee. The scholarship may be awarded to one individual who accumulates the most points based on the grading rubric. In years where there is a single applicant, that applicant must score the minimum points stated in the essay guideline sheet to win the award. The winner's high school is contacted with an official letter so the student may be recognized at graduation and in any award ceremonies they may hold. They are also recognized formally by Grandmaster Crandall at the Ceremonial Black Belt Luncheon. The names of past winners are listed on the American Martial Arts Institute website and on a plaque in the school's main office.



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Magazine Articles

The first article by our school was written by Grandmaster Crandall in 1988. This article was purchased and used by Black Belt Magazine in their 1988 Yearbook Edition. Since then many instructors from our school have written magazine articles on a variety of topics. These were written to promote Grandmaster Crandall, our style and our school, to educate and to inform the martial arts world, or just to share some interesting news about our school. Whatever the purpose of the article, it put Grandmaster Crandall, the American Eagle Style, the American Martial Arts Institute, and our school logo in front of the martial arts world. The instructors who have written these articles include: Grandmaster Crandall, Master Eric Stalloch, Master Jill Crandall, Master Cheryl Freleigh, Master Nicholas Chuff, Master Nathan Morris, Mr. Bill Hauck, and others. These articles were written in such prestigious martial arts magazines as: Black Belt Magazine, Action Martial Arts Magazine, Tae Kwon DO Times, Inside Kung-Fu and Inside Karate to name a few. One of the most intriguing articles was the 2009 Issue of Action Martial Arts Magazine who chose Grandmaster Crandall to be on the cover. The article identified him as a "Global Martial Arts Ambassador". The article was based on a list of questions submitted by the magazine's editor, Allen Goldberg. The article described many of Grandmaster Crandall's achievements in the Martial Arts community and some insight into the traditional martial arts philosophy he lives his life by.



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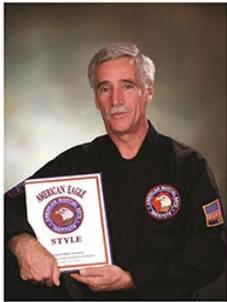
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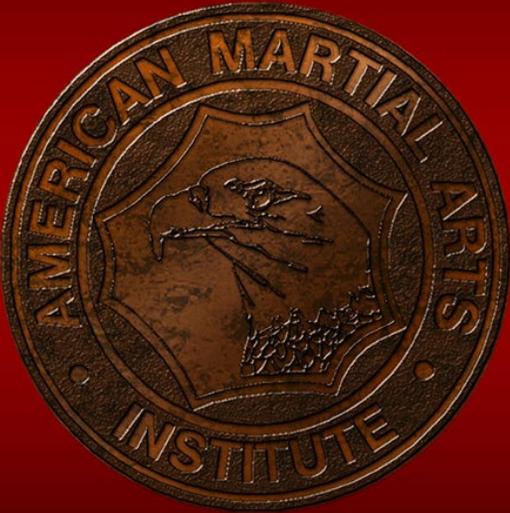


Celebrating 20 Years
1996-2016

In 1996, Grandmaster Crandall completed the first documentation of his American Eagle Style, releasing the American Martial Arts Institute's instructional textbook worldwide. Now 20 years later with help from his five highest ranked students (the Master Instructors), Grandmaster Crandall is commemorating some of our school's history with a Yearbook. The school's growth and success are interwoven with Grandmaster Crandall's over fifty years of martial arts training and leadership. With that understanding, it is not only the twenty-year period since the textbook release documenting American Eagle Style, but a glimpse of Grandmaster Crandall's over thirty years martial arts experience prior to writing the textbook that is encompassed in this 20th Anniversary Commemorative Yearbook. This is not a comprehensive history book about the style, its textbook, or its founder; rather, it is a look back at some of the school's memorable moments and history. This book is being printed in limited number and is not intended to be printed again or to have future editions.



Written By: Grandmaster Clifford C. Crandall, Jr.
With Contributions By Master Instructors: Eric Staloch,
Cheryl Freleigh, Nicholas Chuff, Nathan Morris, and Linda Möller



American Martial Arts Institute
8382 Seneca Turnpike: New Hartford, NY 13413
Tel: 315-768-1859