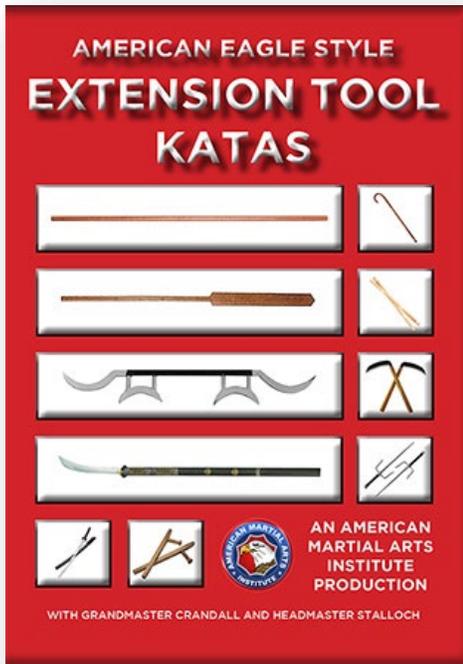




## OUR PUBLICATIONS

### American Eagle Style Extension Tool Katas



**DVD.** Each year the availability of information regarding martial arts increases exponentially. With the proliferation of social media, online video streaming services, and on-demand publishing platforms, access to the variety of martial arts formats seems limitless. Accordingly, some of this information comes from self-appointed masters and black belts without a history or background in what they do or present. Traditional martial arts styles, such as the American Eagle Style, remain rooted in the foundation that people teach. Documentation can serve an important role in assisting qualified instructors in maintaining the consistency and high standards of a traditional style, but books and videos do not teach – there is no substitution for

the master-student apprenticeship in traditional martial arts.

With that concept in mind, it is important to note that this is not an instructional DVD; instead, it is a refresher, a reference for instructors and students of the American Eagle Style who have already been taught the katas presented on this video.

If you are an active student in our school, seek out one of our certified, adult black belt instructors before or after a class, and they will be able to assist you in understanding the subtleties and application of the katas.

If you are not one of our students, understand that while you may find this video gives you a broad overview of some of the extension tools and katas we teach, it was not meant for you; much of what is necessary to appreciate and understand these katas is lacking in this video because it is a non-instructional, general refresher video.

The American Martial Arts Institute and American Eagle Style are under the direction of their founder, Grandmaster Clifford C. Crandall, Jr., 10th Dan. The training tools presented in this refresher video are most commonly termed weapons, but our school refers to them as extension tools because they are an extension of the student's mind, body, and growth within the style.

This video presents ten different tools with thirteen different katas, but our school does more; these are only the katas most often taught to students. The extension tools include: tonfa, sai, kama, bo, eku, sword, cane, naginata, escrima, and the half-moon staff.



This video was produced by Grandmaster Crandall with assistance from Headmaster Eric Stalloch, his designated successor for American Eagle Style. Headmaster Stalloch was chosen by Grandmaster Crandall to demonstrate each of the katas at three-quarter speed. Grandmaster Crandall believes it is important that everyone recognizes that his successor is knowledgeable in all aspects of American Eagle Style, including all extension tools taught in this style.

**For more information visit [AMAI-EagleStyle.com](http://AMAI-EagleStyle.com).**

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May be available in additional formats.

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For more information about the American Martial Arts Institute, American Eagle Style, and Grandmaster Crandall, visit [AMAI-EagleStyle.com](http://AMAI-EagleStyle.com).

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# AMERICAN EAGLE STYLE EXTENSION TOOL KATAS

AMERICAN EAGLE STYLE EXTENSION TOOL KATAS



AN AMERICAN  
MARTIAL ARTS  
INSTITUTE  
PRODUCTION

WITH GRANDMASTER CRANDALL AND HEADMASTER STALLOCH



American Martial Arts Institute  
8382 Seneca Turnpike: New Hartford, NY 13413  
Tel: 315-768-1859