



OUR PUBLICATIONS

American Eagle Style Self-Defense, Volume 1 INSTRUCTIONAL DVD

Producers: Grandmaster Clifford Crandall, Jr. and Master Nicholas Chuff



The American Martial Arts Institute is proud to offer an instructional DVD produced by American Eagle Style founder Grandmaster Clifford C. Crandall Jr. and Master Nicholas Chuff. This DVD brings you the fundamental, intermediate, and advanced concepts of a good self-defense program.

This instructional DVD covers nine takedowns (three from grab attacks, three as counters to a punch, and three as counters to a kick), several counters against a knife attack (including attacks from behind), counters against a gun, 5 come-along techniques to advanced control stages, and more.

This DVD was originally released in 2009 and runs 53 minutes. Each technique is demonstrated in explained in detail from multiple camera angles, and in DVD format it includes chapter buttons that allows the viewer to review the techniques at any time without the need to watch the entire video every time they wish to refresh the techniques.

The DVD comes shrink-wrapped in a full protective plastic case. The DVD may be purchased at the main location of the American Martial Arts Institute.

For more information visit AMAI-EagleStyle.com.

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