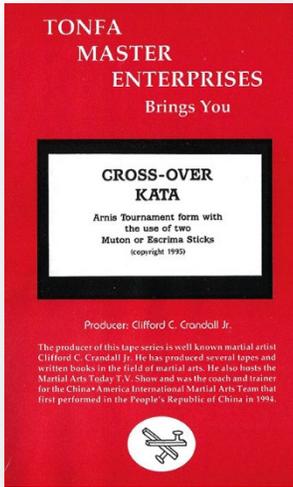




OUR PUBLICATIONS

Cross-Over Kata: Arnis Tournament Form



OUT OF PRINT. First Released in 1995. VHS.

This short video documents cross-over kata, an escrima tournament form. This form was the precursor to the American Eagle Style escrima form Dragon Wings. While this video is out of print, Dragon Wings is documented on the DVD American Eagle Style Extension Tools, and it is taught at the American Martial Arts Institute.

For more information visit AMAI-EagleStyle.com.

TONFA MASTER ENTERPRISES has provided some of the highest quality instructional video tapes and books in the area of martial arts, geared for both beginners and the master. These fully instructional tapes and books are listed below. Check with major international distributors of martial arts materials or write: Tonfa Master Enterprises, P.O. Box 4264, Utica, N.Y. 13504 for more information.

Contrary to the in-depth detail in the half hour and hour instructional tapes, this tape is not meant to be a total instructional tool. Rather, it is an inexpensive supplementary tool to assist you, the martial artist, in heightening your martial arts skill with a particular weapon kata or empty-hand form. For this tape to truly benefit your training, you should have been taught this form by a certified black belt in your style. There are a series of these short weapons and kata tapes with time lengths from 5 minutes to 10 minutes. They again are not meant to teach, but to assist you in understanding this particular kata through a visual aid.

Other TONFA MASTER ENTERPRISES' PRODUCTS:

BOOKS:

- The Tonfa: An Extension of the Mind and Body**
ISBN: 0-533-06746-4 This 98-page book covers the history of the tonfa and presents a world recognized single tonfa kata called "Yom Chi". Author: Clifford C. Crandall, Jr.
- Best Handbook to Secure Living**
ISBN: 0-9636605-0-0 This 43-page book presents information about child abduction prevention, self-defense and awareness for small children and teenagers as well as men and women of all ages plus pointers on home security. Author: Clifford C. Crandall, Jr.

VIDEO TAPES:

- The Tonfa: An Extension of the Mind and Body**, length 30 min. This instructional video tape presents the history of the Tonfa, individual blocks and strikes, plus uses of the tonfa. Good for law enforcement personnel as well as martial artists. Plus the single tonfa kata called "Yom Chi". Instructor: Clifford C. Crandall, Jr.
- Women's Self-Defense Volume 1**, length 55 min. This instructional video tape designed for women 18 years and up is uniquely presented from the point of view of the non-martial artist and focuses on awareness and avoidance as the primary choices. It is used by some martial arts schools as the foundation for their men's and women's self-defense instruction. On location examples of situations are viewed on the street and in parking lots. Instructors: Clifford C. Crandall, Jr. and Jill Crandall
- The Naginata at its Best**, length 55 min. This instructional video tape blends the traditional history and moves with a modern presentation of a tournament kata called "Omou". This video tape has been credited by many as bridging the gap and bringing the naginata into a more common and everyday acceptance by martial artists in general practice and tournaments. Instructor: Jill Crandall
- The Best Tournament Tonfa**, length 60 min. This instructional video tape blends Japanese, Korean, Chinese and American moves into a demanding and explosive two-tonfa tournament kata called "The Swirling Dragon". Also covers stretching basics and the much more complicated tonfa spins and flips. Instructor: Clifford C. Crandall, Jr. assisted by two of his black belt tonfa instructors, Allen Hillcosco and Christie Vacca.
- China/America International Martial Arts Team 1994**, Length 30 min. This is an educational documentary that was produced to commemorate the First China/America International Martial Arts Team and their exhibition tour through China. This American Team was coached and trained by Master Clifford Crandall, Jr., a professional martial artist and the Executive Director of American Kang Duk Won. This trip was supported by the White House and has aired on many television networks throughout the United States.

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Tonfa Master Enterprises' Martial Arts Video Library

**TONFA
MASTER
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Brings You

**CROSS-OVER
KATA**

Arnis Tournament form with
the use of two
Muton or Escrima Sticks
(copyright 1995)

Producer: Clifford C. Crandall Jr.

The producer of this tape series is well known martial artist Clifford C. Crandall Jr. He has produced several tapes and written books in the field of martial arts. He also hosts the Martial Arts Today T.V. Show and was the coach and trainer for the China/America International Martial Arts Team that first performed in the People's Republic of China in 1994.

Instructional
Tape

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May be available in additional formats.



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